

Overall America's Health Ranking: **27**

United Health Foundation. (2024 Annual Report). America's Health Rankings.
www.americashealthrankings.org

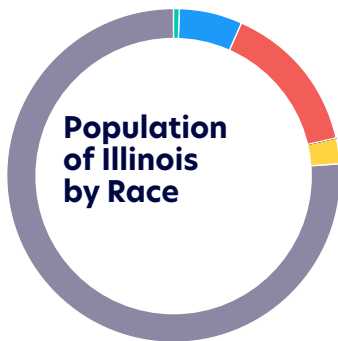


Source: National Commission on Certification of PAs. (2023). Statistical Profile of Board Certified PAs by State

Total Population of PAs in IL: 4,738
PAs Practicing in a Rural Area: 3.6%

- 0.2% – American Indian/Alaskan Native
- 9.2% – Asian
- 2.6% – Black/African American
- 1.8% – Multi-race
- 0.2% – Native Hawaiian/Pacific Islander
- 1.8% – Other
- 80.8% – White
- 3.3% – Prefer not to answer

5.2% – Percentage of PAs by Hispanic, Latino(a), or Spanish origin



Source: United States Census Bureau accessible at [Census.gov/quickfacts](https://www.census.gov/quickfacts)

Total Population: ~12.7 Million

- 0.6% – American Indian/Alaskan Native
- 6.3% – Asian
- 14.6% – Black/African American
- 0.1% – Native Hawaiian/Pacific Islander
- 2.3% – Two or More Races
- 76.0% – White

19% – Hispanic/Latino
58.8% – White Alone, Not Hispanic or Latino

Populations At Risk for Health Disparities

Source: United States Census Bureau accessible at [Census.gov/quickfacts](https://www.census.gov/quickfacts)



Veterans
493,667



Language Other than English Spoken at Home
23.8%



People Living with a Disability Under Age 65
8.0%




People without Health Insurance Under 65
7.5%



Medicaid/CHIP Enrollment
20.1%

Kaiser Family Foundation, Medicaid State Fact Sheets 2022




Medicare Beneficiaries
18%

Source: Kaiser Family Foundation, State Health Facts 2021



Poverty
11.6%



2020 Rural Population
13.1%



Persons with Less Than High School Education
10.4%

Top Ten Drivers of Poor Health Rankings



1 Residential Segregation-Black/White

Index of dissimilarity, with higher values indicating greater segregation between Black and non-Hispanic white households, ranging from zero (complete integration) to 100 (complete segregation)

2 Homicide

Number of deaths due to injuries inflicted by another person with intent to injure or kill per 100,000 population

3 Excessive Drinking

Percentage of adults who reported binge drinking (four or more drinks on one occasion in the past 30 days for females or five or more for males) or heavy drinking (eight or more drinks per week for females or 15 or more for males)

4 Housing w/Lead Risk

Percentage of housing stock with potential elevated lead risk due to age of housing

5 Premature Death Racial Disparity

Ratio of the premature death rate of the racial/ethnic group with the highest rate (varies by state) to the non-Hispanic white rate

6 Fruit and Vegetable Consumption

Percentage of adults who reported consuming two or more fruits and three or more vegetables daily

7 Air Pollution

Average exposure of the general public to particulate matter of 2.5 microns or less, measured in micrograms per cubic meter

8 Chlamydia

Number of new cases of chlamydia per 100,000 population

9 Preventable Hospitalizations

Discharges following hospitalization for ambulatory care sensitive conditions (PQI 90) per 100,000 Medicare beneficiaries ages 18 and older enrolled in the fee-for-service program

10 Exercise

Percentage of adults who met the federal physical activity guidelines (150 minutes of moderate or 75 minutes of vigorous aerobic activity and two days of muscle strengthening per week) in the past 30 days

Source: United Health Foundation. Americas Health Rankings. www.americashealthrankings.org

1 Residential Segregation–Black/White

- Partner with Fair Housing Assistance Agencies

2 Homicide

- Explore CDC Prevention Resources for Action and Violence Prevention in Practice resources

3 Excessive Drinking

- Screen and assess the pattern and severity of alcohol use through tools like the Alcohol Use Disorders Identification Test or (AUDIT) or CAGE screening
- If the screening suggests signs of AUD, offer brief intervention, such as providing feedback on the risks associated with alcohol use, discussing goals for reducing or stopping alcohol consumption, and offering advice on how to achieve those goals
- Help draft a treatment plan
- Evaluate overall health
- Assess whether medications for AUD may be appropriate

4 Housing With Lead Risk

- Partner with HUD Healthy Homes Program to mitigate housing problems

5 Premature Death Racial Disparity

- Collaborate with public health, education, transportation, housing, and other sectors to improve social determinants of health
- Increase access to mental health and primary care for underserved minority populations

6 Fruit and Vegetable Consumption

- Explore CDC strategies to increase access to fruits and vegetables including policies to ensure access to fruit and vegetables, farm to institution programs, increasing access to retailers that sell fruits and vegetables, and eliminating food deserts

7 Air Pollution

- Advocate to reduce air pollution
- Encourage patients to stay indoors on days with poor air quality and use air purifiers

8 Chlamydia

- Educate patients on abstinence, having a single sexual partner, reducing the number of sexual partners, and making sure to use latex condoms and/or dental dams properly during sex
- Integrate screening for chlamydia and other STIs into regular medical care based on CDC recommendations

9 Preventable Hospitalizations

- Ensure continuous outpatient care for acute or chronic conditions to prevent complications, more severe disease, and the need for hospitalization

10 Exercise

- Advocate for community efforts to increase physical activity including built environment approaches; active recess classrooms and walking school buses; fitness and exercise programs in community centers; mixed use development and improving neighborhood walkability

Source: United Health Foundation. Americas Health Rankings. www.americashealthrankings.org

Prevalence of Top 10 Chronic Conditions

| CHRONIC CONDITION | RATES (age-adjusted prevalence) |
|---|---|
| Hypertension among adults | 46.1% |
| Obesity among adults | 33% |
| High cholesterol among adults who have been screened | 27.9% |
| Depression among adults | 18% |
| Diabetes among adults | 10.8% |
| Asthma among adults | 8.8% |
| COPD among adults | 5.2% |
| Cancer: Invasive cancer (all sites combined) | 459.7 age-adjusted rate (cases per 100,000) |
| Chronic kidney disease: Incidence of treated end-stage kidney disease | 5514 (cases per 1 million population) |
| Coronary heart disease: Mortality among all people, underlying cause | 79.6 age-adjusted rate (cases per 100,000) |

Source: CDC Chronic Disease Indicators accessible at <https://www.cdc.gov/cdi/>

Top 10 Causes of Death

| LEADING CAUSES OF DEATH | DEATHS (per 100,000 population) |
|--------------------------------------|---------------------------------|
| 1. Heart disease | 166.6 |
| 2. Cancer | 145.1 |
| 3. Accidents | 55.9 |
| 4. COVID | 45.5 |
| 5. Stroke | 41.1 |
| 6. Chronic lower respiratory illness | 32.2 |
| 7. Drug overdose | 30 |
| 8. Alzheimer's disease | 25.6 |
| 9. Diabetes | 21.8 |
| 10. Kidney disease | 18.2 |

Source: CDC National Center for Health Statistics Stats of the States https://www.cdc.gov/nchs/pressroom/stats_of_the_states.htm